

MEDICAL EXAMINATION PARAMETERS

PUNJAB POLICE RULE (PPR) 12.16

Recruits - Medical examination of:

(1) Every recruit shall, before enrolment, be medically examined and certified physically fit for service by the Civil Surgeon. A certificate, in the prescribed form (10.64), signed by the Civil Surgeon personally, is an essential qualification for enrolment - (vide Fundamental Rule 10). The examination by the Civil Surgeon will be conducted in accordance with the instructions issued by the medical department and will test the eyesight, speech and hearing of the candidate, his freedom from physical defects, organic or contagious disease, or any other defect or tendency likely to render him unfit, and his age. The candidate must strip for examination, a loin covering being allowed except when the examination is being completed, and any candidate who refused to do so must be rejected. The conditions of police service make it necessary that the medical examination of candidates should be strict. Candidates shall be rejected for any disease or defect which is likely to render them unfit for the full duties of a police officer.

(2) Superintendents are themselves responsible for rejecting candidates whose general standard of physique and intelligence is unsatisfactory; only those candidates should be sent for medical examination whom the Superintendent has accepted as being up to the required standards in these respects. (See Appendix 12.16).

APPENDIX No. 12.16.

Points to be observed by Medical Officers in examining Police recruits: Medical Officers will satisfy themselves regarding each candidate on the following points in the order given. If a disqualifying defect is noticed, the recruit register (form No. 12.13) will be completed and the recruit rejected without further examination:

(a) that the vision is up to the following standard:

The recruit must be able to read the Test Dot Card at a distance of ten feet without any mistake, with each eye without spectacles. Failure to do this renders him unfit. Each eye must have a full field of vision as tested by hand movements. Squint or any other morbid condition of the eyes or eye- lids liable to the risk of aggravation or recurrence will render him unfit.

For those who can read English the test should be the Snellen's type and the standard –

Right eye V = 6/6 JI } without glasses

Left eye V = 6/6 JI }

For illiterates the split ring test as used in the North-Western Railway should be employed. This corresponds to the Snellen's type.

Note. - In examining the recruit by means of the "Test Dot Card" the following directions should be observed:

- (i) Place the recruit with his back to the light and hold the test card perfectly upright in front of him at a measured distance of exactly 10 feet. The light should fall fully on the card.
- (ii) Examine each eye separately. The eye not under trial should be shaded by the hand of an Assistant, who will take care not to press on the eye ball.
- (iii) Expose some of the "dots", not more than 5 or 6 at a time, and desire the recruit to name their number and positions, vary the group frequently to provide against deception.
- (iv) The "Test Dot Card" must be kept perfectly clean.

(b) that the height and chest measurements are up to the standard prescribed in Rule 12.15(1);

(c) that neither speech nor hearing is defective. As regards hearing no recruit will be enlisted who suffers from deafness, aural discharge, earache, tinnitus or vertigo or who is found on examination to have dermatitis, atersia or exostosis of the meatus, perforation of the tympanic membrane or who has had a radical mastoid operation;

(d) that the recruit appears healthy, strong and active;

(e) that he is sufficiently intelligent;

(f) that there is no malformation, deficiency or defect of any essential part;

(g) that there is perfect motion in every joint and good physical development and power;

(h) that the recruit is free from diseases of the nervous, circulatory, respiratory, digestive, cutaneous, lymphatic, generative or excretory system. Special care should be given to tracing the presence of contagious or infectious disorders, rupture, strictures, dysentery, hepatic or severe malarial disease;

(i) that there is no evidence of fits, old injuries to the head, or of a personal or family medical history which would be likely to render him unfit;

(j) that the recruit's declared age, as compared with appearance, physical equivalents or other evidence is correct. In case of doubt the Medical Officer will record the apparent age which will be accepted for official purposes.

Note. - The points noted in (b), (d), (e) and (j) will be decided by the Superintendent, when recruits are selected by him. The recruit must strip for examination, due regard being paid to privacy and decency. A loin covering may be permitted. Every part of the body must be examined, and if a recruit will not submit to this after persuasion by caste friends, he must be rejected.

(k) the Medical Officer will reject a recruit for any disease or defect which would be likely to render him unfit for the duties of the particular branch of the service in which he is desirous of being enrolled.

Note. - The following points should not be overlooked :-

(1) Glandular swellings and enlarged thyroid.

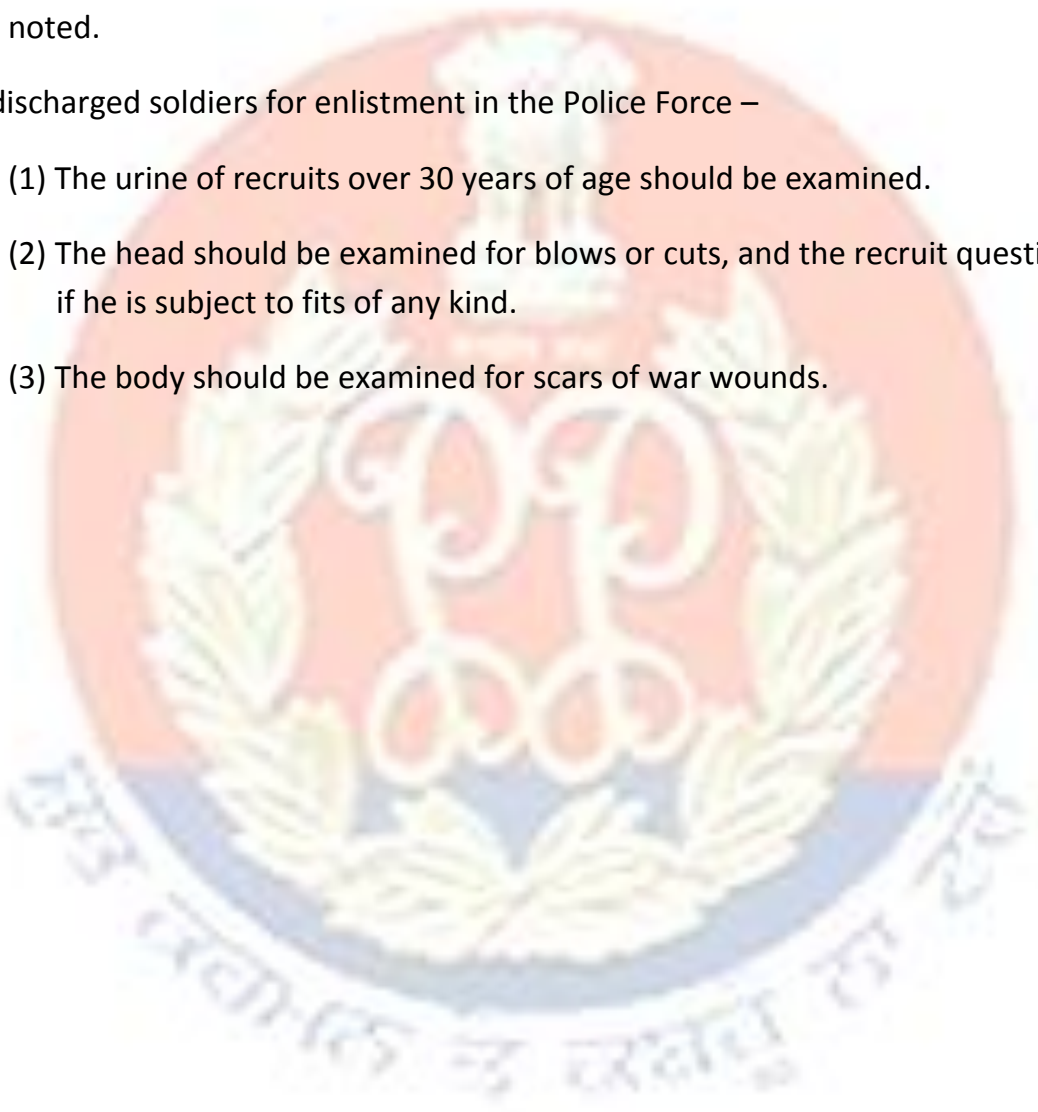
(2) Prominence of eyes, squint, long-standing trachoma, nebulae or leucomata, pannus.

(3) Polypus of nose, perforated palate, tonsils, adenoids.

- (4) Insufficient sound teeth for efficient mastication, severe pyorrhoea.
- (5) Loss or deformity of fingers, flat feet, hammer toes with painful corns or bursae on the dorsum of toes, Hallux Valgus, Hallux rigidus, knock- knee, deformity of chest and joints, abnormal curvature of the spine.
- (6) Inveterate cutaneous disease, fistulae, condylomata, haemorrhoids prolapsus ani, varix or varicocele, undescended testicle, tachycarida.
- (7) Recent marks of vaccination, and two identification marks should be noted.

With discharged soldiers for enlistment in the Police Force –

- (1) The urine of recruits over 30 years of age should be examined.
- (2) The head should be examined for blows or cuts, and the recruit questioned if he is subject to fits of any kind.
- (3) The body should be examined for scars of war wounds.



FORM No. 10.64

POLICE DEPARTMENT

DISTRICT

CERTIFICATE

I DO HEREBY CERTIFY that I have examined _____ a candidate for employment in the Police Department, and cannot discover that he has any disease, constitutional affection, or bodily infirmity, except _____. I do not consider this a disqualification for employment in the office of _____ . His age is according to his own statement _____ years, and by appearance about _____ years.

Dated _____
Officer

Principal Medical

of Deputy Chief Medical Officer (Medical)

[Note when an officer is transferred from one office to another, the duties of which are different in character, a Commissioned Medical Officer, or Medical Officer in charge of a Civil Station, should report whether the defect, if one exists will materially interfere with the discharge of his new notes by the officer transferred.]

[Prescribed by Rule 3.1, P.F.H.B. No. 2 Vol. II]

I declare that I have never been pronounced unfit for Government employment a medical Board or any other duty constituted Medical Authority.